# Society for Research on Biological Rhythms

Newsletter

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### From the Editor –

Happy Holidays! Welcome to the winter edition of the revitalized SRBR Newsletter. It is a busy time of year, filled with the hustle and bustle of the holiday season. Thus, I would like to take this opportunity remind everyone that now is the time to renew your SRBR membership! Dues have been set by the Executive Board at \$100 for regular members and \$50 for trainee and emeritus members. Renew your membership today by logging on at <u>http://www.srbr.org/Pages/new\_member.aspx</u>. This newsletter is just one of the many perks that you receive with your membership!

In this issue you will find our latest spotlight on research, highlighting the work of Matthieu Flourakis at Northwestern University, USA. We also have a section on newly awarded grants, a call for membership from the Canadian Society for Chronobiology and a couple of job opportunites for students who are finishing the PhD's and looking for postdoctoral opportunities in Chronobiology.

I would also like to take this opportunity to thank Frank Scheer for his service as chair of the Communications Committee. Frank is stepping down as chair and I will be assuming that position (see more on this below). As chair of the Communications committee, Frank, along with Ralph Mistlberger, Janis Anderson and myself successfully created a new SRBR website and initiated the publication of this newsletter.

If you have materials appropriate for inclusion in the newsletter, please forward them to me at <u>stischkau@siumed.edu</u>. The next issue is slated for release in the Spring of 2013. As always, your feedback on the newsletter is welcomed!

Best Regards -

Julling A. Tischkan

### Chronobiology Research Spotlight

Editor's note: The research spotlight is a new feature of the newsletter that will highlight the work of young chronobiologists from around the world. The students chosen for these pieces were research award winners from the 2012 SRBR meeting. Congratulations to these students and all the award winners! For this issue, the spotlight is presented in interview format.

#### Matthieu Flourakis, Laboratory of Ravi Allada, Northwestern University, Evanston, IL, USA



ST: Where did you grow up? Tell me about your family.

MF: I have a multicultural family. My father is Greek and my mother is French. And I went to school in in Lille, France and had the chance to spend all my vacations in a small village in Crete, Greece called Sfendili.

ST: How did you get interested in Chronobiology?

MF: I started working on circadian rhythms when I joined Ravi Allada's lab in 2009. It is fascinating to try to understand how the regulation of the activity of a small of neurons can drive a specific circadian behavior.

MF: I am currently training for an Ironman triathlon in Madison, Wi. So when I am not in the lab patching I might be in the pool, on my bike or running.

ST: Do you have any pets?

MF: My wife and I adopted 2 small lionhead rabbits called Tchoutchou and Loulou.

ST: What is your favorite book?

MF: It's a French book called "La promesse de l'aube" (translated as "Promise at dawn"). It's an autobiography by novelist Romain Gary. He is writing about his childhood in Paris, France, and described how his love for his mother shaped his decision to be an aviator during the WWII and his relationship with other women.

ST: What kind of music do you like?

MF: Rock music. I am listening to old bands like The Clash, Pixies, The Who, The Smith, Joy Division... and I also enjoy Muse, Kaiser Chiefs, Sonic youth, Arcade Fire...

ST: Tell me about the research you are doing in the Allada lab.

MF: Our lab studies circadian rhythms and sleep in *Drosophila*. As an electrophysiologist, I am particularly interested in the precise ion channels responsible for the control of pacemaker neuron activity via the rhythmic control of membrane potential and firing frequency in both mammals and *Drosophila*. To define the ionic basis for daily rhythmicity in *Drosophila*, I perform patch clamp electrophysiology on circadian pacemaker neurons. I found that a subset of dorsal circadian pacemaker neurons demonstrate remarkable rhythms in membrane potential and firing. These rhythms seem to be driven by diurnal regulation of the sodium leak channel NARROW ABDOMEN (NA). I have also started to examine the function of the NA

homolog, NALCN, in mammalian suprachiasmatic neurons.

Fruit flies also exhibit sleep-like states. I am particularly interested in understanding synaptic plasticity occurring during a normal wake/sleep cycle and during sleep deprivation. To study synaptic plasticity, I am performing live imaging of the Drosophila brain using a range of genetically encoded sensors like GCamp3.0 (for calcium), Akar and Epac (for PKA/ cAMP pathway) and synaptoPhluorin (to measure synaptic release). Using these tools, I have preliminary data examining changes in synaptic function during sleep deprivation.



The Allada Lab, summer 2012.

### Join the Communications Committee!

The Communications Committee (CC) is seeking energetic people to help with a variety of projects. This is an opportunity to get involved with SRBR! Over the next year, the committee will undertake several projects.

A major emphasis for the CC will be to develop a consensus statement describing the importance of chronobiology in health and well-being. This statement will be placed on "disease'-related websites (such as AHA, see

http://my.americanheart.org/professional/StatementsGu idelines/ByTopic/By-Topic UCM 316895 Article.jsp

to be used as a resource for grant writers and grant reviewers to highlight the emerging links between circadian rhvthms and disease. including metabolism, cancer, drug abuse, and others. A second project will also explore the use of social media to educate the public on the importance of chronobiology. Finally, we will be updating the website. If YOU are interested in being a part of the CC, please contact me (stischkau@siumed.edu) for more information. I look forward to working with an energetic new group to increase awareness of the importance of Chronobiology.

Thanks,

Shelley Tischkau Chair, CC

### Creation of the Canadian Society for Chronobiology

#### Hello!

Are you working on biological rhythms in a Canadian institution? Are you a Canadian chronobiologist presently in another country? Are you a Canadian researcher with interest in chronobiology and in sharing with others in this field? If you answered "yes" to any of these questions, we invite you to become a member of the new Canadian Society for Chronobiology!

With an increasing number of Canadian researchers with interest in chronobiology, it was felt that a new society would facilitate networking among researchers, organization of scientific meetings, fostering collaborations, and enrichment of training of young Canadian chronobiologists. For more information or to receive the membership form, please write to chronobio.canada@gmail.com.

#### Regards,

Nicolas Cermakian, President Michael Antle, Vice-President Valérie Mongrain, Secretary Canadian Society for Chronobiology <u>chronobio.canada@gmail.com</u>

### Looking for a Job?

Check out the SRBR website at <u>www.srbr.org</u> for more details about the following job openings.

#### Postdoctoral Position

A postdoctoral position is available in the laboratory of Elliott Albers at Georgia State University in Atlanta, Georgia, USA to study the role of GABA in the entrainment of circadian rhythms. The successful candidate will have a strong background in molecular, anatomical and behavioral approaches and interest in the neurobiology of circadian rhythms. The position is available immediately and all applications will be considered until the position is filled. Inquires about the position can be sent to Elliott Albers at <u>biohea@gsu.edu</u>.

#### **Postdoctoral Position**

A postdoctoral position is available in the laboratory of Eric M. Mintz at Kent State University. I seek an individual with a strong background in behavioral neuroscience with knowledge of basic molecular biology techniques. The focus of the laboratory is on the role of the suprachiasmatic nucleus in regulating rhythmic behavioral endpoints. The postdoctoral researcher will work on projects relating to the link between circadian output signaling, locomotor activity, and feeding.

Questions about the position can be addressed to <u>emintz@kent.edu</u>. To apply, please submit a cover letter indicating your research interests along with a CV and the names and contact information for three references. Review of applications will begin immediately and continue until the position is filled.

### Congratulations!!!! Recently Funded Grants

This segment highlights recent grant awardees. The information was gathered by searching publicly

available databases (for the period from June 2012 to early November 2012).

#### National Institutes of Health, USA

#### R01

PI: Albers, Elliott H / Georgia State University Title: Communication within the suprachiasmatic neural circadian network Agency/PO: NINDS/ Mitler, Merrill Review Cmte: neuroendocrinology, neuroimmunology, rhythms and sleep study section (NNRS)

PI: Dong, Xinnian / Duke University Title: The interplay between the circadian clock and plant immune mechanisms Agency/PO: NIGMS/ Tompkins, Laurie Review Cmte: cellular signaling and regulatory systems study section (CSRS)

PI: Emery, Patrick / Univ of Massachusetts Med Sch Worcester Title: The role of RNA binding proteins in the control of drosophila circadian rhythms Agency/PO: MIGMS/ Tompkins, Laurie Review Cmte: neurodifferentiation, plasticity, and regeneration study section (NDPR)

PI: Figueiro, Mariana / Rensselaer Polytechnic Institute Title: Individually tailored lighting system to improve sleep in older adults Agency/PO: NIA/ Mackiewicz, Miroslaw Review Cmte: special emphasis panel [ZRG1-SBIB-V (58)]

PI: Golden, Susan S / University of California San Diego

Title: Circadian gating of cell division by the cyanobacterial oscillator Agency/PO: MIGMS/ Tompkins, Laurie Review Cmte: special emphasis panel [ZRG1-CB-R PI: Harvey, Allison G / University of California Berkeley Title: Triple vulnerability? Circadian tendency, sleep deprivation and adolescence Agency/PO: NICHD/ Haverkos, Lynne Review Cmte: child psychopathology and developmental disabilities study section (CPDD)

PI: Heller, H Craig Title: Suprachiasmatic nucleus output pathway for learning and memory Agency/PO: NIMH/ Vicentic, Aleksandra Review Cmte: neuroendocrinology, neuroimmunology, rhythms and sleep study section (NNRS)

PI: Kilduff, Thomas S / SRI International Title: Functional connectivity of the hypocretin/orexin system Agency/PO: NINDS/ Mitler, Merrill Review Cmte: neuroendocrinology, neuroimmunology, rhythms and sleep study section (NNRS)

PI: Knutson, Kristen / University of Chicago Title: Home sleep and circadian phase: mediators of racial disparities in diabetes risk Agency/PO: NIDDK/ Staten, Myrlene A Review Cmte: health disparities and equity promotion study section (HDEP)

PI: Palczewski, Krzysztof / Case Western Reserve University Title: Photoreceptor renewal by retinal pigmented epithelium phagocytosis Agency/PO: NEI/ Neuhold, Lisa Review Cmte: special emphasis panel [BVS]

PI: Reeder, Scott B. / University of Wisconsin Madison Title: Quantitative hemodynamics of the liver with 4d flow MRI Agency/PO: NIDDK/ Serrano, Jose Review Cmte: medical imaging study section (MEDI) PI: Spencer, Rebecca / University of Massachusetts Amherst Title: Sleep-dependent memory processing in older adults Agency/PO: NIA/ Mackiewicz, Miroslaw Review Cmte: cognition and perception study section (CP)

PI: Spencer, Rebecca / University of Massachusetts Amherst Title: the benefit of naps on cognitive, emotional and motor learning in preschoolers Agency/PO: NHLBI/ Twery, Michael Review Cmte: cognition and perception study section (CP)

PI: Wu, Mark N / Johns Hopkins University Title: Genetic analysis of sleep regulation Agency/PO: NINDS/ Mitler, Merrill Review Cmte: neurodifferentiation, plasticity, and regeneration study section (ndpr)

#### R21

PI: Sassone-Corsi, Paolo / University of California Irvine Title: Not only sirt1: a role for nuclear sirt6 in

circadian control Agency/PO: NIA/ Velazquez, Jose M. Review Cmte: cellular mechanisms in aging and development study section (CMAD)

PI: Worthman, Carol Marie / Emory University Title: Effects of culture change on adolescent sleep and health agency/PO: NICHD/ King, Rosalind B Review Cmte: special emphasis panel [ZRG1-BBBP-I (51)]

PI: Epel, Elissa S / University of California San Francisco Title: Stress-induced poor sleep: sex differences, vulnerability & resilience factors Agency/PO: NHLBI Review Cmte: special emphasis panel [ZRG1-BBBP-I (51)] PI: Van der linden, Alexander Martinus / University of Nevada Reno Title: Temperature control of the C. elegans circadian clock Agency/PO: NINDS/ Mitler, Merrill Review Cmte: neurodifferentiation, plasticity, and regeneration study section (NDPR)

PI: Hardin, Paul E / Texas A&M University Title: developing cell lines from clock neurons in drosophila Agency/PO: NINDS/ Mitler, Merrill Review Smte: special emphasis panel [ZRG1-MDCN-G (02)]

#### R03

PI: Roecklein, Kathryn A / University of Pittsburgh Title: The melanopsin-driven pupillary light reflex in seasonal affective disorder Agency/PO: NIMH/ Muehrer, Peter R. Review Cmte: adult psychopathology and disorders of aging study section (APDA)

PI: Cano, Georgina / University of Pittsburgh Title: Effects of an angiotensin II antagonist in a rat model of insomnia Agency/PO: NIMH /Winsky, Lois M. Review Cmte: neuroendocrinology, neuroimmunology, rhythms and sleep study section (NNRS)

#### National Science Foundation, USA

PI: Harmer, Stacey and Benjamin Blackman University of California-Davis Title: Investigating the mechanistic basis and adaptive significance of the coordination of plant growth by external and internal cues Agency/PO: NSF/ IOS Diane Jofuku Okamuro Review Cmte: plant genome research project

PI: Tarrant, Ann and Adam Reitzel / Society for Integrative and Comparative Biology Title: Meeting: Keeping time during animal evolution: conservation and innovation of the circadian clock, (SICB); Jan. 3-7 2013, SF, CA Agency: NSF/ IOS William E. Zamer Review Cmte: Processes Strucs & Integrity

PI: Tonge, Peter / SUNY at Stony Brook Title: International collaboration in chemistry: mechanism of operation of the bluf domain: blue light sensitive biosensors Agency: NSF/CHE David B. Berkowitz Review Cmte: chemistry of life processes

PI: Dickinson, David and Todd McElroy Appalachian State University Title: Sleep restriction and circadian mismatch effects on differential decision processes Agency: NSF/BCS Lawrence Robert Gottlob Review Cmte: perception, action & cognition | decision risk & management sci

PI: Buck, Charles and Cory Williams / University of Alaska Anchorage Title: Collaborative research: persistence, entrainment, and function of circadian rhythms in arctic ground squirrels Agency: NSF/IOS William E. Zamer Review Cmte: organism-enviro interactions

PI: Barnes, Brian University of Alaska Fairbanks Title: collaborative research: persistence, entrainment, and function of circadian rythms in arctic ground squirrels Agency: NSF/IOS William E. Zamer Review Cmte: organism-enviro interactions

PI: Burstyn, Judith / University of Wisconsin-Madison Title: Allostery in heme-dependent gas-sensing transcription factors Agency: NSF/CHE Julio C. De Paula Review Cmte: chemistry of life processes



### NIH Program Staff Contacts for Sleep and Circadian Research

National Center on Sleep Disorders Research (NCSDR)

National Heart, Lung, and Blood Institute (NHLBI)

Michael Twery, PhD (301) 435-0199; <u>twerym@nhlbi.nih.gov</u>

Aaron Laposky, PhD (301) 435-0199; <u>laposkya@nhlbi.nih.gov</u>

Danny Lewin, PhD, D ABSM (301) 435-0199; <u>lewinds@nhlbi.nih.gov</u>

#### National Institute of Aging (NIA)

Mack Mackiewicz, PhD (301) 496-9350; mackiewiczm2@mail.nih.gov

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Ellen Witt, PhD (301) 443-6545; <u>ewitt@willco.niaaa.nih.gov</u>

Lindsey Grandison, PhD (301) 443-0606; <u>lgrandis@mail.nih.gov</u>

## National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)

William Tonkins, Dr PH (301) 594-5032; <u>tonkinsw2@mail.nih.gov</u>

#### National Cancer Institute (NCI)

Ann O'Mara, PhD, RN (301) 496-8541; <u>omaraa@mail.nih.gov</u>

Paige McDonald, PhD, MPH (301) 435-5037; mcdonalp@mail.nih.gov

#### Eunice Kennedy Shriver National Institute of Child Health & Human Development (NICHD)

Rosalind King, PhD (301) 435-6986; <u>kingros@mail.nih.gov</u>

Beth Ansel, PhD, CCC-SLP (301) 402-2242; <u>anselb@mail.nih.gov</u>

Lynne Haverkos MD, MPH (301) 435-6896; <u>haverkol@mail.nih.gov</u>

Nancy Shinowara, PhD (301) 435-6838; <u>shinowan@mail.nih.gov</u>

#### National Institute on Drug Abuse (NIDA)

Harold Gordon, PhD (301) 496-4877; <u>hgordon1@nida.nih.gov</u>

# National Institute of Diabetes, Digestive and Kidney Disease (NIDDK)

Corinne Silva. PhD (301) 451-7335; <u>silvacm@niddk.nih.gov</u>

# National Institute of General Medical Sciences (NIGMS)

Laurie Tompkins, PhD (301) 594-0943; <u>Tompkinl@NIGMS.NIH.GOV</u>

#### National Institute of Mental Health (NIMH)

Aleksandra Vicentic, PhD (301) 443-1576; <u>vicentica@mail.nih.gov</u>

# National Institute of Neurological Disorders and Stroke (NINDS)

Merrill Mitler, PhD (301) 496-9964; <u>mitlerm@ninds.nih.gov</u>

Linda Porter, PhD (301) 496-9964; porterl@ninds.nih.gov

#### National Institute of Nursing Research (NINR)

Xenia T. Tigno, PhD, MS (Epi), MS (Physio) (301) 594-2775; <u>xenia.tigno@nih.gov</u>

Yvonne Bryan, PhD (301) 496-9623; <u>bryany@mail.nih.gov</u>

National Center for Advancing Translational Sciences (NCATS)

Rosemarie Filart, MD, MPH, MBA (301) 435-0178; <u>filartr@mail.nih.gov</u>

National Center for Complementary and Alternative Medicine (NCCAM)

D. Lee Alekel, PhD (301) 443-8374; <u>Lee.Alekel@nih.gov</u>

Office of Behavioral and Social Sciences Research (OBSSR)

William Elwood, PhD (301) 402-0116; <u>elwoodwi@od.nih.gov</u> Office of Dietary Supplements (ODS)

Barbara Sorkin, PhD (301) 435-3605; <u>sorkinb@od.nih.gov</u>

#### Office for Research on Women's Health (ORWH)

Indira Jevaji, MD (301) 402-1770; jevajiip@od.nih.gov