

CURRICULUM VITAE

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BIRTH: October 12, 1941, Washington, DC

FAMILY: Married to Z Drescher Kripke, MD, MPH, retired physician and artist
Two children: Gawain M. Kripke and Clarissa C. Kripke, M.D., Clinical Professor of
Family Medicine, UCSF

COLLEGE: Harvard College, BA, 1961
Magna Cum Laude in English Literature
National Merit Scholar and Harvard College Scholarship, 1959 and 1960
Phi Beta Kappa, 1961

MEDICAL SCHOOL: Columbia College of Physicians and Surgeons, New York City, MD, 1965
Medical Student Thesis Award in Psychiatry, 1965

INTERNSHIP: Bronx Municipal Hospital Center, NY, Mixed Medical Internship, 1965-1966

RESIDENCY: Albert Einstein College of Medicine, NYC, Psychiatry Residency, 1968-1971
Bronx County Psychiatric Association "Resident of the Year" Award in
Psychiatry Research, 1971

MILITARY

SERVICE: Captain, United States Air Force Medical Corps, 1966-1968
6571st Aeromedical Research Laboratory, Holloman Air Force Base, New Mexico

Research on sleep and rhythms in man and nonhuman primates

LICENSURE: New York, 1966
 California, 1970

BOARDS: Diplomate, American Board of Psychiatry and Neurology, 1978

PROFESSIONAL:

Assistant Professor of Psychiatry, University of California, San Diego, 1971-1978
Attending Physician, University Hospital, San Diego, 1971-2004
Staff Psychiatrist, San Diego Veterans Administration Medical Center (VAMC),
1971-1995
Founding Director, Sleep Disorders Clinic, San Diego VAMC, 1972-1990
Clinical Investigator, San Diego VAMC, 1972-1976
Director, Psychiatric Emergency Evaluation and Crisis Service, San Diego VAMC,
1976-1977
Associate Professor of Psychiatry, University of California, San Diego, 1978-1982
Member, University of California, San Diego Neurosciences Teaching Group,
1978-2000
Consultant to U.S. Surgeon General's Project Sleep, 1980
Editor, *Sleep Research*, 1979-1981
Professor of Psychiatry, University of California, San Diego, 1982-2004
 Professor of Psychiatry (Recall) 2004-2007
 Professor of Psychiatry, Emeritus 2007-present
Courtesy Medical Staff, Sleep Disorders Center, Scripps Clinic, 1983-1996
Editorial Board, *Chronobiology International*, 1983-1986
Member, Internal Advisory Board, UCSD Institute for Research on Aging,
1984-2000
Member, Geriatrics Review Committee Study Section, National Institute on Aging,
1985 and numerous other review committees
Founding Program Chair, Society for Light Treatment and Biological Rhythms,
1988-1992 and member of the Executive Committee
Adjunct Professor of Psychology, San Diego State University, 1997-2006
Co-Director of Research, Scripps Clinic Viterbi Family Sleep Center, 2004-present

SOCIETIES: American Association for the Advancement of Science
Sleep Research Society
 Meeting Co-organizer, 1973
 Publications Chair and Member of Executive Committee, 1979-81
Society for Biological Psychiatry
Elected Fellow of the American Psychiatric Association
Society for Research on Biological Rhythms
Elected Fellow, International Society for Affective Disorders
International Society of Psychiatric Genetics
American Society of Human Genetics

SELECTED RECENT PUBLICATIONS

Nievergelt CM, Kripke DF, Remick RA, Sadovnick AD, McElroy SL, Keck Jr PE et al. Examination of the clock gene *Cryptochrome 1* in bipolar disorder: mutational analysis and absence of evidence for linkage or association. *Psychiatr Genet* 2005; 15:45-52.

Kripke DF, Klimecki W. EF015893-EF015905 and EF028070. 9-21-2006. NCBI Nucleotide Direct Submission.

Kripke DF, Kline LE, Shadan FF, Dawson A, Poceta JS, Elliott JA. Melatonin effects on luteinizing hormone in postmenopausal women: A pilot clinical trial NCT00288262. *BMC Women's Health* 2006; 6:8.

Nievergelt CM, Kripke DF, Barrett TB, Burg E, Remick RA, Sadovnick AD et al. Suggestive evidence for association of the circadian genes *Period3* and *Arntl* with bipolar disorder. *Am J Med Genet B Neuropsychiatr Genet* 2006; 141B:234-241.

Kripke DF. Greater incidence of depression with hypnotics than with placebo. *BMC Psychiatry* 2007; 7:42.

Kripke DF, Elliott JA, Youngstedt SD, Rex KM. Circadian phase response curves to light in older and young women and men. *J Circadian Rhythms* 2007; 5(4):1.

Kripke DF, Rex KM, Ancoli-Israel S, Nievergelt CM, Klimecki W, Kelsoe JR. Delayed sleep phase cases and controls. *J Circadian Rhythms* 2008; 6:1.

Kripke DF. Possibility that certain hypnotics might cause cancer in skin. *J Sleep Res* 2008; 7:245-250.

Parry BL, Meliska CJ, Sorenson DL, Lopez AM, Martinez LF, Nowakowski S et al. Plasma melatonin circadian rhythm disturbances during pregnancy and postpartum in depressed women and women with personal or family histories of depression. *Am J Psychiatry* 2008; 165(12):1551-1558.

Bjorksten KS, Kripke DF, Bjerregaard P. Accentuation of suicides but not homicides with rising latitudes of Greenland in the sunny months. *BMC Psychiatry* 2009; 9:20.

Chae KY, Kripke DF, Poceta JS, Shadan F, Jamil SM, Cronin JW et al. Evaluation of immobility time for sleep latency in actigraphy. *Sleep Med* 2009; 10:621-625.

Joya FL, Kripke DF, Loving RT, Dawson A, Kline LE. Meta-Analyses of Hypnotics and Infections: Eszopiclone, Ramelteon, Zaleplon, and Zolpidem. *J Clin Sleep Med* 2009; 5:377-383.

Kripke DF. Do hypnotics cause death and cancer? The burden of proof. *Sleep Med* 2009; 10(3):275-276.

Kripke DF, Nievergelt CM, Joo EJ, Shekhtman T, Kelsoe JR. Circadian polymorphisms associated with affective disorders. *J Circadian Rhythms* 2009; 7(2).

Poceta JS, Parsons L, Engelland S, Kripke DF. Circadian rhythm of CSF monoamines and hypocretin-1 in restless legs syndrome and Parkinson's disease. *Sleep Med* 2009; 10(129):133.

Youngstedt SD, Kline CE, Zielinski MR, Kripke DF, Devlin TM, Bogan RK et al. Tolerance of chronic 90-minute time-in-bed restriction in older long sleepers. *Sleep* 2009; 32(11):1467-1479.

Grandner MA, Kripke DF, Naidoo N, Langer RD. Relationships among dietary nutrients and subjective sleep, objective sleep, and napping in women. *Sleep Med* 2010; 11:180-184.

Kripke DF, Elliott JA, Youngstedt SD, Parry BL, Hauger RL, Rex KM. Weak evidence of bright light effects on human LH and FSH. *J Circadian Rhythms* 2010; 8(5).

Kripke DF, Hahn EK, Grizas AP, Wadiak KH, Loving RT, Poceta JS et al. Wrist actigraphic scoring for sleep laboratory patients: algorithm development. *J Sleep Res* 2010; 19:612-619.

Kripke DF. Sleep Disorders. 6th Edition[ASCP Model Psychopharmacology Curriculum (Ed. Glick ID, Balon R, Zisook S et al.)]. 2010. Glen Oaks, NY, American Society of Clinical Psychopharmacology.

Kripke DF, Shadan FF, Dawson A, Cronin JW, Jamil SM, Grizas AP et al. Genotyping sleep disorders patients. *Psychiatry Investig* 2010; 7:36-42.

Youngstedt SD, Kripke DF, Kline CE, Zielinski MR, Bogan RK. Lack of impairment in glucose tolerance: support for further investigation of sleep restriction in older long sleepers. *J Sleep Res* 2010; 19(1 Pt 1):116-117.

Kripke DF, Langer RD, Elliott JA, Klauber MR, Rex KM. Mortality related to actigraphic long and short sleep. *Sleep Med* 2011; 12(1):28-33.

Kripke DF, Nievergelt CM, Tranah GJ, Murray SS, McCarthy MJ, Rex KM, Parimi N, Kelsoe JR. Polymorphisms in melatonin synthesis pathways: possible influences on depression. *J Circadian Rhythms* 2011 Aug 9;9(1):8.

Lee HJ, Rex KM, Nievergelt CM, Kelsoe JR, Kripke DF. Delayed sleep phase syndrome is related to seasonal affective disorder. *J Affect Disord* 2011 Oct;133(3):573-9.

McCarthy MJ, Nievergelt CM, Shekhtman T, Kripke DF, Welsh DK, Kelsoe JR. Functional genetic variation in the Rev-Erbalpha pathway and lithium response in the treatment of bipolar disorder. *Genes Brain Behav* 2011 Jul 22;10:852-61.

Kripke DF, Langer RD, Kline LE. Hypnotics' association with mortality or cancer: a matched cohort study. *BMJ Open* 2012;2(1):e000850.

Kripke DF, Langer RD, Kline LE. Do no harm: not even to some degree. *J Clin Sleep Med* 2012;8(4):353-4.

Lee HJ, Woo HG, Greenwood TA, Kripke DF, Kelsoe JR. A genome-wide association study of seasonal pattern mania identifies NF1A as a possible susceptibility gene for bipolar disorder. *J Affect Disord* 2012 Aug 24.

Rhee MK, Lee HJ, Rex KM, Kripke DF. Evaluation of two circadian rhythm questionnaires for screening for the delayed sleep phase disorder. *Psychiatry Investig* 2012 Sep;9(3):236-44.

Grandner MA, Kripke DF, Elliott J, Cole R. Short wavelength light administered just prior to waking: a pilot study. *Biological Rhythm Research* 2013;44(1):13-32.

Kripke DF. Surprising view of insomnia and sleeping pills. *Sleep* 2013;36(8):1127-8.

Kripke DF, Nievergelt CM, Tranah GJ, Murray SS, Rex KM, Grizas AP, Hahn EK, Lee HJ, Kelsoe JR, Kline LE. FMR1, circadian genes and depression: suggestive associations or false discovery? *J Circadian Rhythms* 2013;11(1):3.

Moser M, Kripke DF. Insomnia: More trials needed to assess sleeping pills. *Nature* 2013 Jan 17;493(7432):305.

Youngstedt SD, Jean-Louis G, Bootzin RR, Kripke DF, Cooper J, Dean LR, Catao F, James S, Vining C, Williams NJ, Irwin MR. Chronic Moderate Sleep Restriction in Older Long Sleepers and Older Average Duration Sleepers: A Randomized Controlled Trial. *Contemp Clin Trials* 2013 36:175-186.

Kripke DF, Nievergelt CM, Tranah GJ, Murray SS, Rex KM, Grizas AP, Hahn EK, Lee HJ, Kelsoe JR, Kline LE. FMR1, circadian genes and depression: suggestive associations or false discovery? *J Circadian Rhythms* 2013;11(1):3.

Meliska CJ, Martinez LF, Lopez AM, Sorenson DL, Nowakowski S, Kripke DF, Elliott J, Parry BL. Antepartum Depression Severity is Increased During Seasonally Longer Nights: Relationship to Melatonin and Cortisol Timing and Quantity. *Chronobiol Int* 2013;30:1160-1173.

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