



Society for Research on  
Biological Rhythms



## From the Prez: SRBR—A Society Resolved to Better R's

"For last year's words belong to last year's language  
And next year's words await another voice."  
— T.S. Eliot

Dearest Clocks Community,

With only a few circadian cycles until the Northern Hemisphere begins its annual march towards longer photoperiods, let's reflect briefly on SRBR accomplishments in 2018 and resolutions for 2019. There is much to celebrate and anticipate. SRBR, the Society for Research on Biological Rhythms, is a Society resolved to better Relate, Report, and Represent.

**SRBR relates** and unites us. We are over 770 members from over 30 countries, increasing by about 10% each year. SRBR serves our community with the quarterly Newsletter and monthly journal. If you haven't, follow us on [Twitter](#) and [Facebook](#). We share job and funding opportunities, support representatives at conferences and chronobiology schools and promote best practices in science and education with online resources. You might have missed the [video contest winners](#) or the [Nobel Lectures at SRBR](#). Yet, we aim to include more people from industry, medicine, policy and science and from different backgrounds and cultures. In 2019, please help us to recruit new and diverse members by encouraging students and colleagues to enjoy the benefits of SRBR membership.

**SRBR reports** on sleep and rhythms research discoveries. We share our advances through our Journal of Biological Rhythms (3.91 impact factor) and social media. JBR Editor-in-Chief Bill Schwartz will step down in December 2019 after 6 years of stellar leadership. We are in the midst of interviewing candidates for the next Editor with the goal of having them identified by March so they can work with Bill to negotiate our contract with Sage Publishing. We have started to pump up the hits with our Public Outreach Committee chaired by Celine Vetter and Diego Golombek. In this issue of the Newsletter, look for their introduction of our first Public Outreach Fellow, Laura Kervezee.

**SRBR represents** and educates chronobiologists. We have partnered with other Societies on statements about topics ranging from public policy around Daylight Saving Time, the use of animals in research, and government investments in chronobiology. Our new Education Committee (chaired by Mary Harrington) has laid the plans for International Chronobiology Schools in Europe (2019, Martha Mellow lead), North America (2020, Mary Harrington lead) and Asia (2021, Sato Honma lead). Plan to send your students! Representatives from our Government Affairs Committee (chaired by Fred Turek) will visit Washington DC in February 2019. Look for new funding initiatives in 2019. White Papers on Chronomedicine, Light at night, When to eat, School start times and DST are now going through peer review. In 2019, you will see these as open access articles in JBR (thanks Bill for getting Sage to support this!). We hope you will share these with your government representatives and advocacy groups.

These things take money and SRBR is doing well financially. We have over \$300k in the bank. In 2019, you will see SRBR grow as we attract new members, offer new services and work to minimize expenses.

As T.S. Eliot, poet (and son of the founder of Washington University in St. Louis), wrote in Little Gidding, "And to make an end is to make a beginning." So, on this Solstice, I look forward to working with you and the SRBR membership as we increase our scientific breadth and depth, maximize our outreach, and train the next generation of chronobiologists.

With best wishes,  
Erik Herzog SRBR President 2018-2020