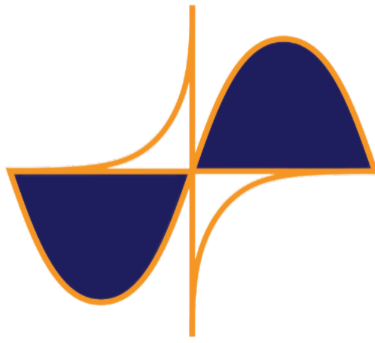




Society for Research on Biological Rhythms

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SRBR Quarterly Newsletter

September 2026

NEWS FROM THE PRESIDENT

Joanna Chiu, PhD



Dear SRBR Members, Friends, and Colleagues,

With the end of the year approaching, we are focusing on a few initiatives that will help shape SRBR's work over the next two years. I would like to share a few updates and thank those who are helping move these efforts forward.

Thank you to everyone who responded to our committee interest poll! We received an encouraging response from members interested in taking a more active role in Society affairs. We are reviewing those interests and reaching out to current committee chairs about their plans for continued service and opportunities for leadership transitions. These conversations will help us connect volunteers with opportunities to contribute and ensure our committees have the support they need.

We are preparing for a fundraising planning discussion to identify priorities and potential sources of support for SRBR's activities. Our 2026 meeting received \$45,000 in educational grants and provided more than \$35,000 in travel awards. Building on that support will be important as we plan future meetings and opportunities for trainees and early-career researchers.

Each of these efforts benefits from members who are willing to contribute their expertise, make an introduction, or share a resource. I look forward to sharing more as this work progresses.

Warm regards,
Joanna C. Chiu, PhD
President, Society for Research on Biological Rhythms
2026–2028

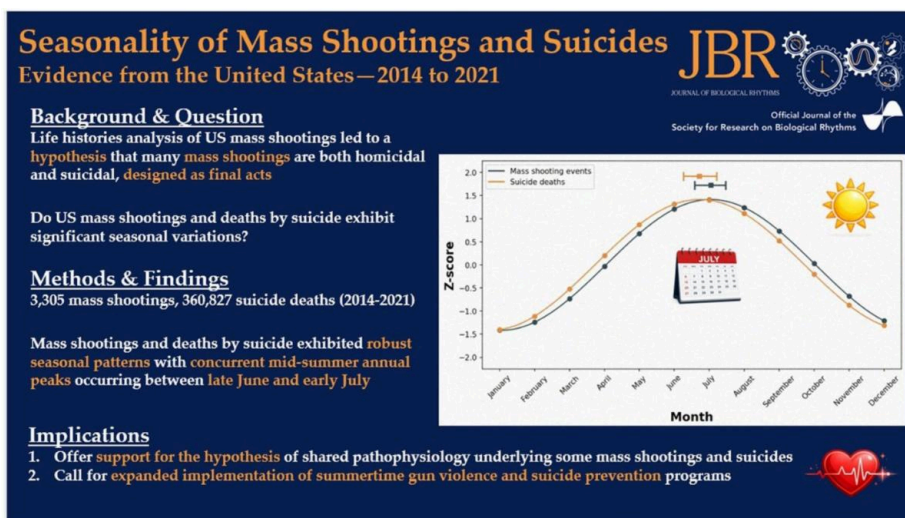
JBR CORNER

Erik Herzog, PhD



New Initiatives

1. The SRBR International Journal Club! The Journal of Biological Rhythms (JBR) and SRBR have partnered to offer a journal club for all. Starting on **November 18, 2026, at 9:00 AM CT** with the Clocksclub at Texas A&M (coordinated by Dr. Shogo Sato), SRBR members are welcome to join a zoom discussion of this recent paper in JBR by Mark Czeisler and Chuck Czeisler entitled “**Seasonality of mass shooting events and deaths by suicide in the United States 2014-2021.**” [Join the journal club on Zoom](#) using Meeting ID **933 7254 3245** and passcode **068836**. For more information or to nominate your local journal club to lead a discussion of a recent JBR paper, email SRBR Outreach Director, Dr. Emily Manoogian (emanooagian@salk.edu).



2. Cite while you write. JBR now publishes references in AMA format to make it easy for authors using Mendeley, Zotero, Endnote and other bibliography managers.

3. Direct submit. The number of papers directly submitted from BioRxiv to JBR continues to grow. Email herzog@wustl.edu if you have questions or want to share your experience with this mechanism for expedited submission.

4. Writing a cover letter. Check out [Dr. Michael Roshbash's recommendations](#) on how and why to write a cover letter with your submission and a response by [Dr. Erik Herzog](#).

5. JBR Collections. We have added 6 recent publications from the labs of Drs. Ron Anafi, Wanhe Li, Huatao Chen, Manuel Spitschan, and Xiaoting Zhang to the "[JBR Perspectives on Data Analysis](#)"...new tools in your tool belt! We welcome your suggestions for White Papers, Circadian Medicine, or other collections.

By the Numbers

The Journal of Biological Rhythms	Since January 1, 2026
# of original submissions	250
# of papers accepted	48
% of papers sent out for review	27
Median # days from submission to peer review initiation	1
Median # days from acceptance to online publication	46

3 Truths and Lie (Answers from June Quiz).

Which of these is **incorrect**? Answer revealed in the next SRBR Newsletter.

- You can directly submit your manuscript to JBR from BioRxiv
- It is free to publish in JBR
- Papers in JBR automatically comply with NIH and EU Open Access requirements
- **All research institutions now have agreements to cover the cost of publishing Immediate Open Access. ***Only some institutions have agreements to cover the Immediate Open Access publication costs in JBR and other journals. You can search for your institutional agreement on the Sage website.**

3 Truths and Lie (September Quiz).

Which of these was not a top-cited paper in JBR over the past 3 years? Answer revealed in the next SRBR Newsletter.

1. "AAV8-P301L tau expression confers age-related disruptions in sleep quantity and timing" by Bryan Alava, Andrew Morris, Andrew Liu, Jose Abisambra, and Karyn Esser (cited 2 times)
2. "The Suprachiasmatic Nucleus at 50: Looking back, then looking forward" by Daisuke Ono, David Weaver, Michael Hastings, Ken-Ichi Honma, and Sato Honma (cited 60 times).
3. "Evaluating the adaptive fitness of circadian clocks and their evolution" by Maria Luísa Jabbur, Chitrang Dani, Kamiel Spoelstra, Antony Dodd, and Carl Johnson (cited 55 times)
4. "Meta-analysis of diurnal transcriptomics in mouse liver reveals low repeatability of rhythm analyses" by Thomas Brooks, Aditi Manjrekar, Antonijo Mrcela, and Gregory Grant (cited 27 times)

[Easily access JBR through the SRBR website](#)



Erik Herzog, PhD
JBR Editor-in-Chief

Committee Updates

Public Outreach Committee

It has been a busy and exciting year for SRBR Outreach! For the inaugural World Circadian Day on June 24th, 2026, we led a global Reddit Ask Me Anything in partnership with three other circadian societies. The AMA ran across multiple time zones so people around the world could participate and attracted more than 37,000 viewers.

We have also expanded our outreach program into four subcommittees—Public, Government, Science, and Industry Outreach—each focused on engaging a different audience. I am now serving as SRBR's Director of Outreach and helping to coordinate these efforts. This October, I will represent SRBR at Hill Day with Sleep Advocacy Forum, where I will meet with members of Congress and their staff to advocate for circadian and sleep research.

SRBR is also partnering with the Journal of Biological Rhythms (JBR) to launch a quarterly journal club open to all members. Our first meeting will be in November, so keep an eye out for more information soon! If you have not already, please follow SRBR on X and LinkedIn, where our Outreach Fellow, Samantha Iams-Clever, leads our social media efforts.

We are always looking for members who would like to get involved in outreach. If you are interested in joining one of these efforts, please [let us know!](#)

MEMBER GRANT HIGHLIGHTS

Congratulations to Dr. Emmanuel Molefi and Dr. Jonathan Lipton's laboratory on their research funding! These awards support work spanning human biological rhythms, molecular mechanisms, and neurobiology.

Dr. Emmanuel Molefi | Newcastle University

Funding agency: Wellcome Trust

Project: Diversity in Chronobiology: Discovering dynamics and interactions in chronobiology using multimodal, multiscale, and multinational data

This longitudinal international cohort study spans Botswana, Brazil, Indonesia, Singapore, and the United Kingdom. Using wearables and data science, the project will collect chronobiology and environmental health data to examine how geographical, ethnic, cultural, and biological factors shape human biological rhythms in everyday settings.

Dr. Jonathan Lipton's Laboratory | Boston Children's Hospital and Harvard Medical School

The Lipton lab recently received five grants supporting research on the molecular biology and neurobiology of circadian rhythms:

- NINDS R01: Local circadian regulation of synaptic function and sleep/wake behavior.
- NIA R21: Prion-like properties of CLOCK and their role in circadian resilience.
- W. M. Keck Foundation Award: A synaptic circadian clock tunes molecules of memory, in collaboration with the Stratton and Strieter labs at UMass.
- Mathers Foundation Grant: Novel molecular functions of clock proteins.
- FeiHe Foundation Award: Multidisciplinary assessment of circadian rhythms in Kleefstra Syndrome.

Postdoctoral opportunities: The Lipton lab is recruiting postdoctoral fellows to join its collaborative research team. Candidates with experience in molecular biology, cellular or molecular neurobiology, imaging, protein biochemistry, protein purification, or RNA biology are especially encouraged to apply. Applicants should send a CV, cover letter, and two to three references to Dr. Odile Peroni, Lab Manager, at Odile.peroni@childrens.harvard.edu.

Dr. David M. Pollock and Dr. Karen L. Gamble | University of Alabama at Birmingham

Award: R01, Project Number 1R01HL178901-01A1

Project: A Brain-Kidney Axis for Circadian Control of Sodium Homeostasis

This project will investigate the connection between the brain and kidneys in the circadian regulation of sodium balance. Dr. David M. Pollock serves as the contact principal investigator, with Dr. Karen L. Gamble serving as an additional principal investigator.

Have a grant to share? Help us celebrate our community's accomplishments by submitting your name, institution, funding agency, project title, and a brief description to the [SRBR Executive Office](#).

CAREER OPPORTUNITIES

Click [here](#) to see the latest openings.

To add a job posting, please email the following information to info@srbr.org: the job title, location, a brief description of the position, the application deadline, and contact details for submitting applications.

LEARN MORE

QUARTERLY NEWSLETTER SUBMISSIONS

SRBR newsletters are distributed quarterly. If you have information or announcements to share, please submit them by the 15th of the publication month. The next newsletter will be sent in December; **materials should be submitted by December 15, 2026, to info@srbr.org.**

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Society for Research on Biological Rhythms Executive Committee

Joanna Chiu, President | Karen Gamble, President-Elect
Patrick Emery, Treasurer | Selma Masri, Secretary

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